



## Mood Disorders: A Handbook of Science and Practice (Paperback)

By -

John Wiley and Sons Ltd, United Kingdom, 2006. Paperback. Condition: New. [ Pbk. Language: English . Brand New Book. This is a paperback edition of the highly successful Mood Disorders, first published in 2003. The book is organised into three parts: Part I, Unipolar Depression; Part II, Bipolar Depression; and Part III, General Issues. Chapters in Parts I and II discuss classification, biological models, CBT and other treatment approaches for each disorder. Part II covers approaches to assessment, suicide and depression in older adults. The final chapter offers a summary and suggests new directions for research and practice.\* Advances in clinical understanding of diagnosis, pathophysiology, comorbidity and treatment are clearly presented\* Strong emphasis on a complex approach to mood disorders, with both psychological and biological perspectives on causes and treatment covered\* Addresses issues such as diagnosis, the relation of depression to bipolar disorder and psychotherapeutic treatments.



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