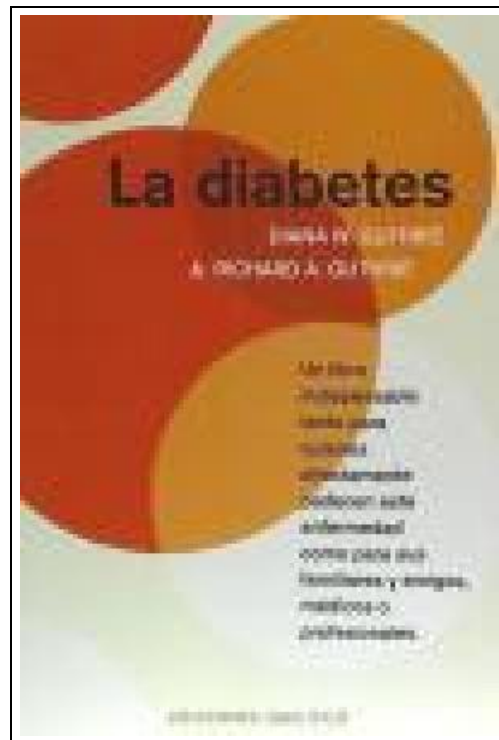


DIABETES, LA



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Reviews

Merely no words and phrases to spell out. It is actually written in basic words and phrases instead of difficult to understand. Your way of life span will probably be enhanced as soon as you complete reading this article ebook.
(Lauren Quitzon)

DIABETES, LA



Ediciones Obelisco, 2002. Book Condition: New. Un libro indispensable tanto para quienes directamente padecen esta enfermedad como para sus familiares y amigos, médicos o profesionales La diabetes (Diabetes mellitus) es una enfermedad o grupo de enfermedades que afectan de modo muy notable a la calidad de vida de cuantos la padecen. Por este motivo este libro es, por encima de todo, eminentemente práctico. Manteniendo en todo momento el rigor científico, los autores, dos prestigiosos y conocidísimos expertos en el tema, exponen de modo diáfano las cuestiones más relevantes: - Qué es exactamente la diabetes y qué tipos existen - Cuáles son sus causas y cuáles los posibles tratamientos - Posibles medicaciones que existen hoy en el mercado y sus resultados - Planificación de comidas - Sistemas de administración de la insulina - Beneficios y precauciones del ejercicio físico - Guía básica de alimentación para diabéticos - Análisis para el control de la diabetes - Qué debe evitarse y cómo actuar ante posibles complicaciones - Métodos prácticos de autocuidado y autogestión para el control diario Todo ello acompañado por un glosario de términos, un cuestionario alimentario para el control y una extensa información alimentaria con raciones dietéticas recomendadas, mantenimiento del peso razonable, valores nutritivos, niveles metabólicos de actividades diarias, etc.



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