



Wrecking Machine: A Tale of Real Fights and White Collars (Paperback)

By Alex Wade

SIMON SCHUSTER, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book. Alex Wade is a respectable professional man, with a responsible white-collar job. But once in a while he puts on his gloves, steps into a boxing ring and hits another man in the face while trying to avoid getting hit in return. Welcome to the world of the Real Fight Club , where lawyers, surveyors and City traders swap their pinstripes for mouthguards and experience the kind of adrenaline rush that only unarmed combat can bring. But what drives these largely middle-class, often affluent men to invite a punch to the head? For Alex Wade it became a way of addressing his own demons, and facing up to the fact that, despite the respectable veneer, his first three decades had been marked by a tendency to violence and self-destruction. As he describes in this gripping and moving memoir, it was only through a world of organised violence that he truly came to know himself.



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